

Mandatory Units

Prepare for activity sessions

Lead activity sessions

Conclude and review activity sessions

Support the work of the team and organisation

Promote health, safety and welfare in active leisure and recreation

Support equality and diversity in active leisure and recreation

Optional Units

Contribute to participants' personal and social development

Contribute to participants' exploration and understanding of the natural environment

Administer finance and information

Contribute to joint working with other organisations

Support the development of the sport or activity

Look after participants when they are away from home

Enable disabled people to take part in activities

Contribute to adventurous activities

Contribute to environmental conservation in active leisure and recreation

Set up, take down and store activity equipment

Check and service activity equipment

Give customers a positive impression of yourself and your organisation.